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Cedar Hill: Three decades of innovation

COURTESY

The family gathers for a 2010 photo. From left are Patricia Horn, her daughter Elena, Scooby, Mary Louise Sayles, and Patricia's daughter Annie.

By TORY DENIS
Special to the Eagle Times

WINDSOR, Vt. — Cedar Hill Continuing Care Community has seen three decades of positive change and innovation in many forms, and three generations of owner Mary Louise Sayles's family, since the facility was purchased in 1988.

This year, the award-winning Cedar Hill celebrates 30 years of serving the community with a complete continuum of care at the Village at Cedar Hill, Judith Brogren Memory Care Center and Cedar Hill Health Care Center, with a full activities calendar, up-to-date environmental practices, fresh and local home-made meals, and a variety of personalized options for residents.

The Vermont family-owned company was founded in 1988 by Mary Louise Sayles and Judith Brogren, who expanded and upgraded the former 31-bed Cedar Manor nursing Nursing Home, a Victorian mansion that was in poor condition, but with a large property that held much promise.

Mary Louise and Judith, both employed at SCNH in Unity, New Hampshire at the time, had much bigger plans for their new business. They sold all their belongings, moved into a mobile home on the property, and with the help of a Small Business Administration loan, they purchased the property and got to work. Over the years they added Cedar Hill Health Care Center, a 39-bed skilled nursing home and rehab center; completely renovated the original Victorian house, converting it to a Level-Three Residential Care Facility; and built and later expanded The Village at Cedar Hill, which includes the Memory Care Center, transforming the sprawling campus that sits on the property now.

Today, Cedar Hill is still owned by a dual-generation team, Sayles and her daughter, Community Executive Director Patricia Horn.

Mary Louise, Patricia, and Patricia's older daughter Elena Preece, 17, gathered to talk about the Cedar Hill community recently.

Patricia and her older sister Maria Horn, the eldest of three, had been involved with Cedar Hill for many years, Mary Louise said.

"I felt it was very important for my daughters to know about the business," said Sayles, who is the daughter of Italian Immigrants. "So that if anything happens to me," she said, "they would understand the responsibility of having so many lives under your roof."

Sayles involved her daughters in financial work and projects, with the hope that one day one of them may want to take over the business.

In 1988 as Mary Louise and Judith were preparing to start the business, Maria was a licensed nursing home administrator at Goodwins of Exeter, working with William Gilmore, one of the early pioneers in developing assisted living options for elderly residents.

At the time, many elderly people had fewer choices on where to live as they aged. They could share a small apartment with a roommate or move into a nursing home, for instance. This was in the early days of continuing care as an option, and Cedar Hill would offer a chance to "age in place," Mary Louise said.

Maria and Mary Louise worked together to help create and shape the early vision for what the neighborhoods of Cedar Hill would look like, spending many hours talking about the budding new concept of "Continuing Care," and how offering different levels of care for seniors with various needs could enable them to get whatever care they needed without having to leave the grounds. If someone in an assisted living apartment had a stroke or broke a hip, they could receive skilled nursing care and rehabilitation right there on the same campus until they were well enough to go back to their apartment. Maria went on to serve on the board of Cedar Hill.

"Now there are more options," Mary Louise said. And in the long run, "it has reduced the stigma of long-term care."

When Mary Louise and Judy purchased the business, they renamed it "Cedar Hill Continuing Care Community," and hired a contractor to renovate the old home. Judith took charge of the nursing department and staff education, and Mary Louise became the licensed administrator for the home.

They opened the new 39-bed CH Health Care Center in September 1994, and opened the Victorian House Residence in 1995. They opened the first phase of The Village at Cedar Hill for independent and assisted living with 20 apartments in 1999, and a second phase, with 20 additional apartments, in 2015 with a 20-bed Memory Care Center.

TORY DENIS

Three generations of the family gather on a recent breezy day at Cedar Hill. They are, from left, Patricia Horn, her mother Mary Louise Sayles, and her daughter Elena Preece.

Judith retired in 2005, moving to North Carolina. She passed away in 2013, and the memory care center was named in her honor. Maria lost her life to cancer in 2004. The North Village Expansion wing, opened in 2015, was dedicated in her name.

Patricia, a former news journalist in Philadelphia, eventually moved to Windsor in 2008 and became a licensed nursing home administrator, a position she held until two years ago at CHCCC. She is now the Community Executive Director.

"I was thrilled when Patricia wanted to come into the business," Sayles said. "I thought it would give us some time working together before, or if, I ever really retired."

Although they do not agree on everything, which they both admitted with a laugh, "it's been a joy having her on board," Sayles said. Both understand the importance of working out solutions, they said.

Patricia said that when she was growing up, her mother worked in nursing homes, and would bring her to work, even sitting in on meetings.

"I learned to be very comfortable in that environment," she said. Eventually she became a dietary aide and an LNA before moving into her career as a writer.

Patricia said working in a multi-generational business can be difficult, but that it is wonderful.

"She's the boss. We speak our mind and try to make the best decisions," Patricia said. Having known each other all their lives, they know how to work things out, and continue to learn from one another, she added. "And it's great to have Elena here."

Mary Louise also notes that in a long career, with times of stress and difficulty, going to work has always been "the best thing for me," knowing that she needed to be positive, and put things aside to focus on the well-being of the people in her care. "It's one of the benefits of this profession," she said. Patricia added that though it is a serious profession, it's important to "bring a sense of joy with you," and instill that in employees as well.

Elena is part of the third generation to take an interest in senior care. She started working this summer in the Activities Department at Cedar Hill.

Working at Cedar Hill is "like having 30 new grandparents," Elena said. "I just fell in love with it."

Today, Mary Louise, Patricia, their husbands, and Patricia's daughters Elena and Anna Maria have connected homes on the campus. The community is built neighborhood-style and pet-friendly on 12 acres along the Connecticut River in scenic Windsor. With a total staff of about 100 now, it is nestled alongside a farm and is just a few miles from downtown Windsor, but surrounded by greenery, flower beds, and beautiful views.

Sue Spadaro, executive director for The Village at Cedar Hill, has been with the company for 20 years and said she has seen a lot of changes over the years, including the development of teams and changes in administration.

"I've always felt that Mary Louise has been a visionary," she said.

One of the things that defines Mary Louise is that "she really cares about the well-being of people, and it's not all about dollars and cents," Spadaro said. She also said Mary Louise has been a mentor. "She taught me everything I know" about long-term care administration, she said.

Residents also spoke recently on what life is like at Cedar Hill, and why they enjoy living on the campus snuggled into the foothills of Mount Ascutney.

"They do everything for you. You just have time to enjoy yourself," said Rita Bergeron, who has lived at Cedar Hill since November, and is originally from Claremont, but lived for many years in Washington, D.C. "The activities here are excellent."

Connecticut native and former teacher at Ascutney Middle School Muriel Rowland is one of the longest-term residents at Cedar Hill, having lived here for nearly seven years. A perfect example of the benefits of "Continuing Care," both she and her late husband, Bob, who lived with her in the Village for two years before his passing, have lived in both the Village and the nursing home while recuperating from medical issues.

"I feel secure, and there are people my age that I can associate with," she said. "There are all kinds of activities. One of my favorites was cribbage." She was also a National Shuffleboard Champion in the 1990s, she noted proudly.

Longtime volunteers Rick Monarque of Ascutney and Terry Ryan of Springfield were playing music on a recent Friday. Monarque also volunteers every Friday playing music or helping to serve or playing

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Love. Laugh. Hope. Dream. Peace.

By TORY DENIS
Special to the Eagle Times

WINDSOR, Vt. — In the community room at the Judith Brogren Memory Care Center, walls are adorned with canvas paintings, papercraft mosaics, and three-dimensional, multi-media works of art. Colorful paper neckties decorate the ceiling. Through the large, airy windows, a tall white fence encircling the garden and walking path is hung with large painted banners carrying messages: Love. Laugh. Hope. Dream. Peace.

These pieces of art and several larger group projects were all created by MCC residents with the help of Activities Facilitator Pam Crosby. About a dozen residents recently had their works displayed in a month-long exhibit at the Gallery at the VAULT, a nonprofit arts center in downtown Springfield.

The art project is meaningful in several ways, Crosby said. It helps those who may visit the exhibit remember that older citizens still shine with their individual personalities, and also helps those taking part to come out of the shell that can come with advanced age; to interact with one another, and to find purpose.

On Tuesday, June 19, several of the project participants — many of whom have backgrounds in handcrafting, quilting, woodworking and painting — gathered in the community room to share what this upcoming exhibit means to them.

Claudine Spencer beamed when she talked about her artwork, and how much she is enjoying the projects.

She has not always felt that way, however. When she first arrived, she had planned to stay in her room, and thought she would not want to socialize or take part in activities. But that passed quickly. Now, she said with a chuckle, her family has to call her in the evening because she stays so busy every day.

This is also the first time she has taken part in an art project, which she said she enjoys, a feat she attributed to Crosby's encouragement.

"I had never done art in my life," she said. "I'm so happy here. I'm so grateful."

Fonzo Orizzonto, formerly of Lebanon and White River, said he used to work on the railroads, and used to enjoy building birdhouses. He has been involved in most of the MCC art projects, and also helps with the raised-bed garden in the center's yard.

The specialized memory care center, build in 2015 at Cedar Hill Continuing Care Community, was designed to offer a secure environment for seniors with Alzheimer's and other related dementias while providing ample social opportunities, physical exercise, and mental stimulation.

Residents on Tuesday chatted about the hobbies they have enjoyed in the past. Virginia Buswell, formerly of Maple Avenue in Claremont, said she used to do a lot of crafting, and spoke about the time years ago when she was a manager at J.J. Newberry's five-and-dime store.

Thelma Shulins was in the community room with her husband Arnold, who visits daily. Thelma used to paint watercolors. Janet Bennett said she has been a quilter and used to paint. Charlene Bostrom said she painted Mount Washington once, among other landscapes and varied subjects. And Vera Melton said she used to be a beader and jewelry-maker.

TORY DENIS

Pearl Gianinni, left, and two of her neighbors at Judith Brogren Memory Care Center hold a sign they helped paint, and which is now on display in the dining area in Windsor. The residents will have their artworks on display in August at the Gallery at the VAULT in Springfield.

"I had a good time, too," she said.

The group even has a color and fashion go-to consultant, Pearl Giannini, originally of Connecticut. Gianinni has lost some of the use of her hands but is "very fashionable," Crosby said. Gianinni agreed. She often gives advice to the group on color usage and design.

The artists also get creative out of necessity when they are busy with a project. Spencer, for instance, was helping with a project that involved affixing dozens of soft, paper-punched butterflies, in a gradient of orange shades, to a heart-shaped stenciled background. Her shoulder troubles her, so she devised a method to put her fingers together for extra strength and leverage to squeeze the paper punch. She smiled widely when Crosby talked about her ingenuity.

When the group gets together, they can easily pass the day focused on a project.

"They created 250 (painted) craft sticks in one day!" Crosby said. "Once they got engaged, we just kept going. They loved it."

The installment of painted panels on the white fence outside the unit is a recent addition. That came about when Crosby realized that some residents did not want to go outside because of "snow." When they looked out and saw the tall white fence, although the sky was blue and sunny above it, some were sure they were seeing a snowbank, and wanted to remain indoors.

To help them remember that it was only a fence out there along the grassy yard and walking path, she came up with the idea of painting panels, which the group created as a project. Now, the

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TORY DENIS

Virginia Buswell, left, a former resident of Claremont, and her Judith Brogren Memory Care Center neighbors Vera Melton and Claudine Spencer display a few of the works of art the group of more than a dozen residents worked together to create, and which will be on display for the month of August at the Gallery at the VAULT in Springfield. Behind them, a formerly plain white fence now displays painted banners bearing messages of inspiration for outdoor walks.

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Farm-to-table approach keeps local ingredients on the menu

By TORY DENIS
Special to the Eagle Times

WINDSOR, Vt. — Surrounded by farmland, the river, and the rolling slopes of Mount Ascutney, Cedar Hill Continuing Care Community is the perfect setting to incorporate locally-grown foods into their menus. With a farm-to-table approach that includes a local sourcing, they do just that, bringing a variety of local, seasonal foods into the community's kitchens.

Chef John Vigneault, Dietary Director at The Village, is originally from Walpole, New Hampshire, and now resides in Charlestown. He started in the restaurant business about 14 years ago. After catering a party one day, he transitioned from the restaurant business to become the Dietary Director for The Village.

"It's quite a big change," he said in a recent interview, adding that he enjoys working for Cedar Hill.

Vigneau said he purchases locally grown produce and other foods from farms and dairies in New Hampshire and Vermont, such as Thomas Dairy and Green Mountain Creamery, as well as from growers in New York and other nearby areas as needed. Cedar Hill buys local breads, produce, and locally-raised meats and beef, and seafood caught fresh out of Boston.

They even purchase maple syrup from Cedar Hill residents' families who are local maple producers. Cedar Hill incorporates local "into everything we do," he said.

Vigneault said the Cedar Hill community's kitchens serve three meals a day, plus snacks during the day and for social hours, "365 days a year — the kitchen never closes!"

He oversees the Village kitchens, working with the two main cooks Katie Taylor and Corrine Kelly.

Janet Buik serves as as Director of Food Service at Cedar Hill Health Care Center, the skilled nursing facility on the campus. Buik was out on medical leave while this story was being reported.

"The skilled nursing home is not as far along in adopting the farm-to-table approach as the Village," said Patricia Horn, Community Executive Director, "but it is incorporating more local foods cooked fresh each year."

"Being able to serve higher quality, more nutritious and tastier food is worth taking on the challenge," she said. "It is simply more complicated in a more highly regulated, medical setting."

Cedar Hill has won multiple awards from the Vermont Health Care Association, an advocate for quality care and collaboration between Vermont's residential care, nursing, and long-term care communities. In September 2017, for food service, Cedar Hill Health Care Center's Liddy Merritt won an award for Skilled Nursing Facility Cook of the Year; and Joshua Martini for Dietary Aide of the Year.

Residents have also expressed their satisfaction. Village resident Betsy Simon said recently that she has been at Cedar Hill for about a year, and enjoys living there. What does she like the most? "Great food!" she said.

"It seems like a home away from home," Simon said. "Everybody is nice and friendly and great."

At The Village, breakfast is the most vibrant time of day, a favorite mealtime for many, with lots of social interaction and conversation.

"The residents love it," Vigneault said. "It's sunny in here. They have fun, talk sports and local current events."

COURTESY

An aerial view shows the newly built Village in 2001, surrounded by farmland, the river, and the rolling slopes of Mount Ascutney. The lack of flower gardens at the time has since been rectified.

The residents and staff also celebrate holiday events with Open Houses at Christmas, Easter, Mother's Day, and Thanksgiving, as well as the annual Family Picnic, a tradition since 1989.

"We cater by what's local and what's in season," such as asparagus and pumpkins from the MacLennan farm next door, Vigneault said. The owners of the farm also bring down pumpkins each fall, in a big tractor bucket, so the residents can have fun decorating them all.

Cedar Hill's local, farm-to-table practices also include responsible food waste recycling and management.

Cedar Hill, which joined the Vermont state-mandated food waste composting program in 2017, was recently awarded the Certificate of Environmental Stewardship from Grow Compost of Vermont for diverting 34,800 pounds of food scraps from disposal in 2017.

Vigneau said the weight "reflects how well we reduce the scraps in the landfill. A lot of the compost consists of all the fresh produce/proteins that we use on an annual basis. Much of the weight comes from vegetable and fruit peels as well as some liquids that may end up in there.

We take just as many buckets from the prep area as we do from the dining rooms. Sure, some people would see the actual weight as a lot of waste while others will understand that we use a lot of fresh product as well."

"A quick estimate to help put things into perspective, on a weekly basis we use over 50 pounds of potatoes, a case of fresh cantaloupe and honeydew, 20 pounds of carrots, 12 pounds of peppers, 10 pounds of onions, 20-40 pounds of chicken, 40-60 pounds of bananas, all of which contribute peels and seeds to the weight of the compost," Vigneau said. "Not to mention the amount of wet coffee grounds and filters that we compost. Roughly 82 air pots of regular and 40 of decaf weekly. As you can see, there is much more to the poundage than just scraps from residents' plates."

"Cedar Hill's waste hauler changed composters in 2018 so Cedar Hill is still compost-

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COURTESY

One of the first activity programs begun by Mary Louise Sayles and Judy Brogren was Adopt-a-Grandparent, bringing third-graders from Weathersfield Elementary School to bond with the residents monthly over the course of the school year. This photo was taken at the very first program, just a few months after Cedar Hill opened its doors in 1988. Note the original sign by the road, brand new at the time, which now hangs under the canopy at the main entrance to the nursing home, with its original paint.

DECADES FROM PAGE 2

"cards with the ladies," and the two musicians have been playing together at Cedar Hill for about eight years, about six times a year.

"I love coming up here to play," Ryan said. In addition to locally pioneering the concept of Continuing Care, other innovative changes over the past 30 years included the introduction of environmentally friendly initiatives, such as compost practices in compliance with Vermont's Universal Recycling

Law (Act 148), which bans, in phases, the disposal of three major types of waste materials commonly found in Vermonters' trash bins.

Their Food Waste Composting program is just a part of Cedar Hill's long history of innovation and social and environmentally conscious initiatives over the past 30 years.

The campus has had solar for its hot water system for more than 10 years, and the owners are just beginning a project to add a large solar array to provide the vast majority of electricity on the campus, which will also enable them to send the solar power to the Green Mountain Power grid and be credited for that solar power. Cedar Hill also switched from oil to propane, put in more energy-efficient boilers, and added heat pump technology in both buildings.

Energy innovations abound on the campus. In 2017, Cedar Hill invested in a Chevy Bolt, solely an electric car, which can charge on campus and be used for administrative travel, for labs, or for meetings. They also purchased a hybrid vehicle for The Village, to take residents to appointments. Both will help reduce emissions from transportation and save money on gas.

Even with decades of change and innovation, some gentle reminders of the original property are still visible. For instance, two cedars still stand, one at each end, from the original row of cedar trees planted along the front sunroom of the original nursing home.

Many employees have brought their own family members to live at Cedar Hill over the years.

"Not only did Mary Louise have her own mother and mother-in-law here, Judy Brogren's mother was, and many other employees have had relatives here as well," said Melissa Snyder,

Director of Marketing. "When they hired me in 2014, we all joked about how funny it would be if I ended up bringing my mother up here from North Carolina, something I never thought would happen in a million years. Next thing I know, less than four months after the Grand Opening, I was doing just that! The ability for her to bring her dog and cat to her own apartment was what clinched it for her. I don't think there's any better testimonial that that!"

The Community offers complete care that supports all stages of life, all on one campus with several neighborhoods. Care includes Independent and Assisted Living in private apartments at The Village; specialized state-of-the-art memory care in a secure and stimulating environment at the Judith Brogren Memory Care Center; and short-term rehabilitation and skilled nursing home, short-term respite care, as well as hospice care at Cedar Hill Health Care Center and regular "house calls" by a team of board-certified physicians, psychiatrist and therapists.

Specialized services include on-site nursing care, medication management, clinical coordination, physical, cognitive and speech rehabilitation.

Services also include housekeeping and laundry, home-made meals prepared fresh by chefs, 24-hour care and assistance by a trained staff, and a full social activities calendar that includes field trips and social outings.

Head gardener Lois Bromley-Ellison, an independent contractor from Windsor, has been filling the gardens with blooms for 11 years. "It's a labor of love," she laughs.

A Centenarians' Club celebrates the community's residents, and a long-running Adopt-a-Grandparent program is still going strong, 30 years after it began in 1988.

Cedar Hill also works with River Valley Tech Center to offer a licensed nursing assistant and nursing training program, hopes to put into place an online LNA program, and is working to develop a scholarship program.

To learn more or to visit for a tour, call Cedar Hill CCC at (802) 674-6609 or visit www.cedarhillccc.com.

TORY DENIS

Betsy Simon and Rita Bergeron, neighbors at Cedar Hill Continuing Care Community in Windsor, Vermont, visit at The Village after a recent visit by local musicians. Simon said one of her favorite things about Cedar Hill is the fresh, local menu.

LOCAL FROM PAGE 4

ing, but not with Grow Compost," said Patricia Horn.

"It has brought awareness to most employees at Cedar Hill on composting and the benefits," added Cedar Hill Health Care Administrator Cathy Leone.

Cedar Hill is a Vermont family-owned company. For more information on The Village at Cedar Hill, the Judith Brogren Memory Care Center, or the Nursing Facility and Cedar Hill Health Care Center, visit Cedar Hill's website at www.cedarhillccc.com, or call them at (802) 674-6609.

LOVE FROM PAGE 3

messages — in cheery shades of yellow, pink, red, green and blue — not only serve as a memory tool, but they and other hung artwork are visible to other residents living upstairs, creating a shared visual for all.

Crosby said that often, older residents in the memory care unit have trouble forming their thoughts into cohesive sentences, or communicating at all. But get them together in a group, working on a piece of art, and "the conversations that come out are amazing," she said. "They are focused and engaged."

Cathy Connors, the nurse manager at MCC, said that the center tries to enhance and provide the best quality of life for the residents and their families. She had come over to say hello to the group while they talked about their projects.

"The artwork speaks for itself," Connors said. "They get to admire it; it gives the a sense of purpose, a sense of pride."

Arnold Shulins, in hushed tones out of earshot of the rest of the group, praised Crosby for her work, calling her "outstanding, creative, compassionate and intelligent" for her efforts in creating games and projects, and for the help she provides the residents.

Crosby said the group's families are excited to see their work going into an art exhibit at an art gallery.

Crosby, a former kindergarten teacher, said the residents do artwork or a craft project every day since about February. Some of the projects are inspired by other artists, and some are inspired by her own ideas. Some are themed to a holiday, such as the colorful paper ties for Father's Day, or butterflies to celebrate summer.

"These people are amazing," Crosby said. Even when some participants don't understand quite what the end result will be, they enjoy the creative process, she said.

The idea for the downtown Springfield art installation came about when Crosby had several of the works at her home, where she was helping to mount them on backing and add hooks.

Her friend, who works at the art gallery, was looking over the works of art. Crosby's friend brought some of the art to Marilyn Miller, the gallery manager.

"Marilyn said, 'We need to have a display,'" Crosby recalled.

The group has also worked on a large sign, which now hangs on the wall above a dining area.

"A friend is one who overlooks your broken fence and admires the flowers in the garden," it says in purple paint above several lupine-like flowers in a rainbow of colors, painted painstakingly with dotted fingerprints, and signed with each of their names.

"It's so important for these people to have a way to express themselves as individuals, so they are remembered for something other than their diagnoses," Crosby said. "Some can't get their words out, but you give them these materials, and they are able to create these beautiful projects."

The residents of MCC had a Mother's Day Ice Cream Social and art sale in May as well, raising $700 from the proceeds of their original works to help boost their Entertainment Fund.

The group's newest artwork was installed in late July, and was on display from Aug. 2 to Aug. 29 on the Open Wall area of the Gallery at the VAULT. Field trips were planned to bring the residents to view their exhibit.

The Springfield Health and Rehabilitation Center also made plans to host the residents' works of art in an exhibit.

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COURTESY

The crew at Cedar Hill celebrates first Nursing Home Week in the new facility in 1989. Holding the banner is Mary Louise Sayles, left, and Judy Brogren at right. The Portico covered the driveway, and a row of trees grew along the driveway where the South Village entrance is now.

COURTESY

Mary Louise Sayles graduates from nursing school, 1956.

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On The Cover:

Photos from top to bottom

Top:

COURTESY

Sunshine brightens the entire campus in 2017.

Second From Top:

COURTESY

This historical photo shows the front of Cedar Hill in 1989, with a row of cedars in front of the sunroom windows, a portico on the side, and a primitive wooden fire escape ladder. This was before the upper level addition was added to the front of the house. One cedar still remains at each end.

Left Center:

COURTESY

This historical photo shows the front of Cedar Hill in 1989, with a row of cedars in front of the sunroom windows, a portico on the side, and a primitive wooden fire escape ladder. This was before the upper level addition was added to the front of the house. One cedar still remains at each end.

Right Center:

COURTESY

An aerial view shows the former Cedar Manor in the 1960s. The original three-story house is visible in the center, with the swimming pool and a smaller farmhouse where the village is now. At far right corner is the Cabot House, which now abuts the Memory Care wing and is home to Patricia Horn and her mother, owner Mary Louise Sayles.

Bottom :

COURTESY

An aerial view taken in 2018 shows the Cedar Hill community in present day. It includes the nursing home (Cedar Hill Health Care Center), the original Victorian House in the center, with new roofline. Across the driveway is the South Village and the massive new North village. The large white fence attached to the lower portion is the Memory Care garden. The little white fence at the far edge of the photo is the backyard of the Cabot House, the home of Mary Louise Sayles and Patricia Horn.

Come *home* to Cedar Hill

Celebrating 30 YEARS OF CARING 1988-2018
Cedar Hill Continuing Care Community

We couldn't have done it without you!
Thanks to all the residents, families, and staff
who have been a part of our family for 30 years!

Cedar Hill Continuing Care Community

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