

Expanded Living Options at Cedar Hill Continuing Care Community



State-of-the-Art Memory Care Center, New Amenities, and Upgraded Living Space

In February 2015, Cedar Hill Continuing Care Community completed a \$10.64 million expansion project that has tripled their independent and assistant living residential capacity and expanded their residential options to include a state-of-the art, secure memory care center.

Cedar Hill has long been known as one of the finest continuing care communities in the region, providing high-quality services tailored to meet individual need since it was founded by Mary Louise Sayles and Judith Brogren in 1988. The community is currently co-owned by Mary Louise and her daughter Patricia Horn.

The Cedar Hill community is well-regarded by locals, employing nearly 100 people and serving residents and families from both sides of the Connecticut River. In an effort to keep the work in-state, Mary Louise and Patricia worked with Mackenzie Architects of Burlington, VT for the expansion design. Congress Construction of Peabody, MA, oversaw the project, bringing in local contractors to complete most of the work.

Cedar Hill Neighborhoods

Designed to Offer a Continuum of Care

Cedar Hill is one of few senior communities to offer a continuum of care that supports seniors through health and life transitions. To meet the needs of seniors at all stages of life, the Cedar Hill campus offers services in four distinct neighborhoods: independent and assisted living at **The Village**, residential care at **Victorian House**, traditional nursing home care at **Cedar Hill Health Care**, and specialized memory care for individuals with Alzheimer's or related dementias at the **Judith Brogren Memory Care Center**.

Expansion Details

The Village – Expanded Space for New Residents

Prior to the expansion, The Village offered 21 one- and two-bedroom apartments and common areas in 17,854 square feet. The expansion project added 20 studio and one-and-two bedroom apartments. Each apartment includes:

- Kitchen with ample storage and appliances
- Comfortable living/dining space
- Large private bathroom
- Bedroom or sleeping area with large walk-in closet
- Wi-Fi
- Air conditioning
- Windows looking onto lush gardens and woodlands

The new assisted living wing is dedicated to the memory of Maria Louise Horn, the eldest daughter of Sayles.

Judith Brogren Memory Care Center – a Secure Facility that Eases Family Concerns

The new state-of-the-art Judith Brogren Memory Care Center—the first of its kind in the area—is dedicated to Brogren, who passed away in 2013. The center offers private and semi-private rooms in a secure, comfortable living area. The new unit is fully-staffed with compassionate professionals who are experienced and specially trained to care for residents with Alzheimer's and related dementias. The new unit features:

- Large indoor walking areas
- Salon and whirlpool
- Expansive, fenced-in outdoor patio with gardens
- Sun-filled greenhouse/art center
- Solar tubes to draw in natural sunlight
- Country kitchen

Updated Amenities - Available to All Residents

The expansion updated campus amenities. Additional amenities include:

- Common room
- Dining and living rooms with garden views
- Salon
- Ship's Wheel Pub
- Library stocked with books, magazines, and newspapers
- Computer center
- Activity room for arts, crafts, and more
- Fitness center
- Indoor and outdoor walking paths

With the expansion of space and services at Cedar Hill, the owners hope to improve the quality of life for their residents. Cedar Hill has won multiple awards for their superior services and residential options. The Village earned a

Bronze Award from the American Health Care Association and Cedar Hill Health Care has earned a five-star rating from the Centers for Medicare & Medicaid Services (CMS).

The Cedar Hill Mission

The mission of the Cedar Hill Continuing Care Community is to create an environment of encouragement and supportive care for seniors, enabling them to live with dignity and maximize their personal potential. The Cedar Hill community offers a comfortable, caring and aesthetically pleasing home for residents with rehabilitation, palliative care, and hospice services as needed. For more information about Cedar Hill Continuing Care Community, visit www.cedarhillccc.com, email Patricia Horn at phorn@cedarhillccc.com, or call 802-674-6609.