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Cedar Hill In Windsor Inaugurates Monthly Column About Residents

By MARY LOUISE
HORN SAYLES

Centennial celebration

Florence Savage of Ludlow, turned 100 Dec. 10. The four-year resident at The Village of Cedar Hill in Windsor had so much to celebrate she had two parties for this special birthday. Her family and friends gathered at her cousin's home in Ascutney on Dec. 10 and Cedar Hill gave her another celebration on Dec. 17. As a surprise, Cedar Hill invited her doctor since coming to Cedar Hill David Russo, MD of Mt. Ascutney Hospital to the party. Florence Savage said she almost didn't recognize him without his white coat on. Also joining the Cedar Hill party for Savage were children from the Christian Academy School in Claremont, who serenaded Savage with "Happy Birthday" and other musical selections. State Police Dept of West Trenton, N.J. sent her a framed letter of recognition and of her 10 years of service to that dept. and a congratulations on becoming a centenarian.

Valentine's Fun

We had a lively Valentine's Day Brunch Celebration on Sunday, Feb. 13 at the Village for residents and their guests. Everyone particularly enjoyed the strawberry shortcakes

shaped like hearts and piled with whipped cream, and all the other treats created by chefs Anthony and Jennifer. The guests gave the meal a five-star rating. Musician Brent Buswell entertained us beautifully with his accordion, playing old time favorite love songs. Polly Foley and her partner Jodi came in remembrance of our former resident Betty Kodess. Polly brought her Corgie Joy, who visited with everyone hoping for a treat. She collected a few.

On Valentine's Day proper, Bonnie Waters guitarist from Chester, Vermont put on a show for the residents in our health care center, Victorian House and Teddy's Place. Bonnie has a lovely voice and always encourages everyone to join in.

The staff also enjoyed Valentine's Day. Their treat was special delivery pizza from Windsor Pizza Chef in appreciation for their dedication and hard work.

Family Support Group

Cedar Hill is starting family support group. We will hold our first meeting on Thursday, March 3, at 6:30 pm, at Cedar Hill's Village Country Café. This will be a wonderful way to share experiences, build a network of support and learn about issues such as how to cope with a family member with Alzheimer's.

Any Cedar Hill families interested in joining this group can register with Lynne Patten, our admissions and social services coordinator, or Barbara Flinn, the director of the Village. Both can be reached through Cedar Hill's main number at 802-674-6609.

The Flu and Volunteers

Over a weekend in January, many Cedar Hill residents in the Health Care Center came down with a gastric flu that lasted 24-48 hours. To prevent the spread of this infection, our staff had to quarantine everyone in their rooms and close the facility to visitors. That meant we needed more staff to help with meals. We reached out for volunteers, and despite the quarantine, some of our regular volunteers, a family member of a resident, and a church volunteer came in to help. We thank Ella Perry, Nina Weinzierl, Judy Crossman, Ruth Rawson and Sharon Noble for their help. Their efforts over the weekend truly helped us out and I know our residents, staff and families thank them many times over.

Cedar Hill Continuing Care Community offers independent, assisted living, nursing home and a special unit for people with Alzheimer's and related illnesses. You can reach us at (802) 674-6609.